

#ManorFarmCross
Western Cyclo-Cross League
Round 7



Manor Farm, Upton Cheyney Near Bitton

26th November 2023

Introduction

Welcome to #ManorFarmCross, hosted by Bristol CX. This is Round 7 of the Western Cyclo-Cross League Winter Series 2023/2024.

Bristol CX are proud to host this family-friendly inclusive event. We aim to be polite and courteous to all. If you see bad behaviour please report it, or let a Marshall or Commissaire know.

This is a new venue and although we have the skeleton of a planned course, things could change on the day under the direction of the commissaires.

We are very grateful for the support of David Hawking and his family who own the farm and land at Manor Farm, Upton Cheyney, our volunteers and the local community without whom this event would not be possible.

Organiser Ben Cook 07474 515 444

Co-organiser Nick Pashley 07903 885 082

First Aid James Britton 07585 326 293

Commissaires Ray Blackwell

 Len Hay

 David Galbreath

If you are spectating, remember that if it rains, the grass can be muddy, consider footwear and waterproofs carefully. Also consider where a rider may fall, and how you will move quickly out of their way.

Pit crew may be using high pressure jet washes, watch out!

Parking

Bristol CX are a great advocate of sustainable transport and as such would encourage local people to cycle to the event. If you choose to drive, you will obviously need to park then this will be available in the farmyard or first field on the right. A marshal will direct you where to go.

Toilets

Toilets are available in the farmyard near the parking areas.

Signing on

Signing on will take place just inside the top gate by the start finish area off Lansdown Lane.

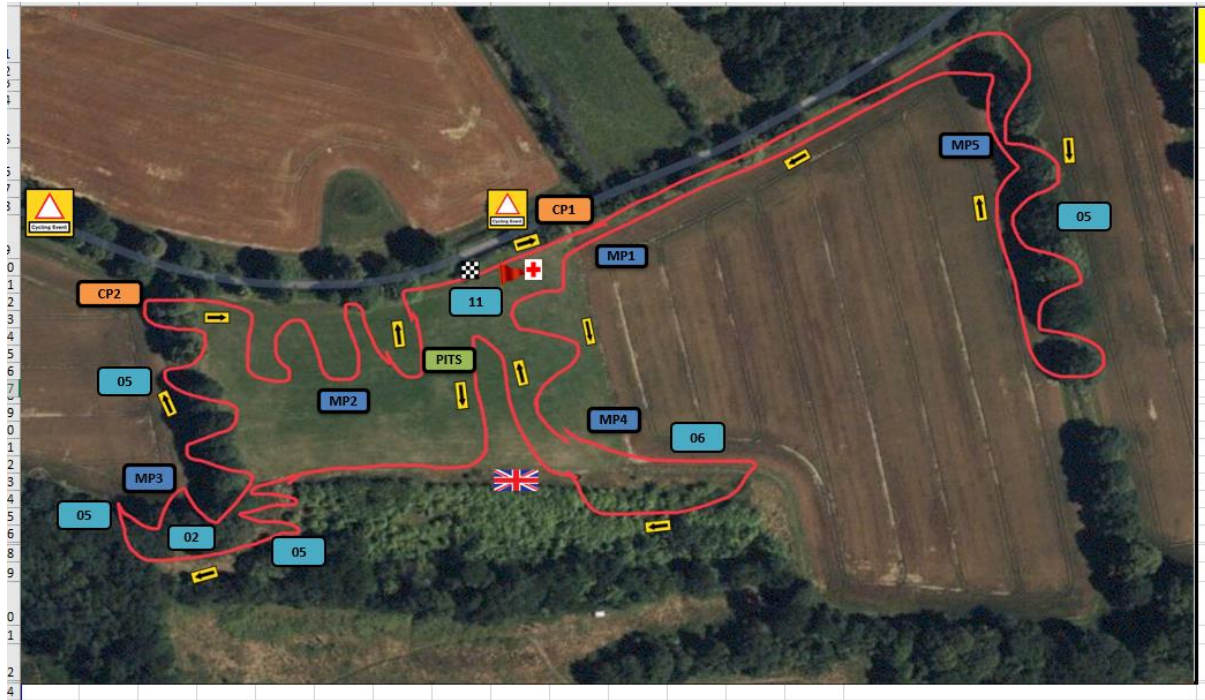


Timing chips will only be issued to those with a valid race number. No number, no chip.

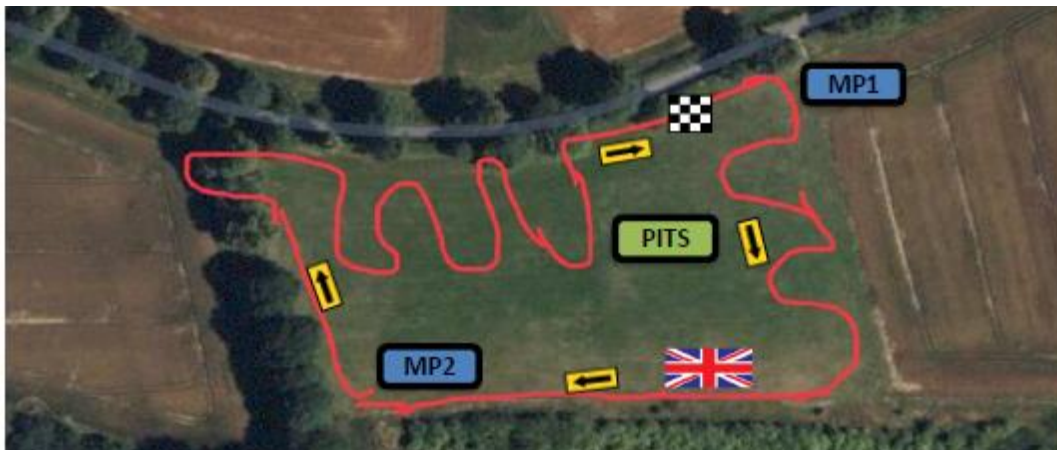
The course

The course uses three of the fields to the south of Lansdown Lane and has no access to the public so will be just for our use on the day. This is private land so access at any other time is prohibited.

We strongly request that at no point does any ride into any crops that are planted in the middle of the two side fields. Anyone seen doing so will be disqualified from their race and asked to leave.



The Under 12s race will remain in the middle field by the start finish and pits.



The pits will be situated in the middle field.

Marshalling

The course is private, but we will be marshalling in key areas of the site including the two crossing points. Marshall Points are shown as MP* on the previous course diagram.

Timings

Race Category	Sign-on Times	Practice time	Race time	Duration
U12	09:30	9.30 to 9.45	9.45	15 mins
U14	09.30	10:00 to 10.30	10.30	30 mins
U16	09.30	10:00 to 10.30	10.30	30 mins
Jr, Snr, V Women	10.15	11.00 to 11.30	11.30	40 mins
Vet 50 Men	11:00	12.15 to 12.45	12:45	45 mins
Sen, Jr, V40 Men	12.00	13:30 to 14.00	14.00	60 mins

All riders must wear a helmet, display their number, and have their timing chip fitted when on the course, whether racing or practicing. NO EXCUSES failure to do so may result in disqualification.

NO RIDERS SHOULD RIDE ON THE CROPS OR CUT DOWN CROPS. STICK TO THE GRASS ONLY.

Results

Race timing is provided by K2 Sports.

The results will be made available through the following link –

[Western XC - Round 7 - Upton Cheyney \(racetecresults.com\)](http://racetecresults.com)

Or this QR code below:



Photography

Drones: only with specific permission, in advance, from BC – we can connect you! Will not be approved if you request on the day.

Cameras on riders/bikes on track during race is strictly forbidden under BC rules

We love it if you tag us, and we are very happy to share your work with full credit: #ManorFarmCross #WCCL #westerncyclocrossleague. Please also notify the race organiser of photo location – benwilliamcook@googlemail.com Flickr, Instagram, Google Photos, Facebook etc. and he'll ensure that they get an audience.

Please also tag @eventsatmanorfarm on Instagram.

We especially welcome photos of the kids and women's' races, which are often under-documented.

Syntax and naming – if you want to write about us

This British Cycling event is “British Cycling Western Cyclo-Cross League Round 7”.

We are part of British Cycling “South Region” for cyclo-cross (British Cycling regions vary by cycling discipline.) Note: syntax is correct “South Region”, not Southern.

Cyclo-cross is written with varying hyphenation and capitalisation! It is abbreviated to CX.

Manor Farm, Upton Cheyney

The land this race is run on is “Manor Farm” and “Upton Cheyney”. The race wouldn't have been possible without the support of David Hawking and his family who own and run Manor Farm, Upton Cheyney.

The farm is lovely, and they host weddings, parties and cooperate events on the farm. Web link below.

[Manor Farm, Upton Cheyney \(manorfarmuptoncheyney.com\)](http://manorfarmuptoncheyney.com)

David has donated their fee for using the farm to Macmillan. So if you enjoy the race, please also make a donation.

[Cancer charity donation - Make a donation now - Macmillan Cancer Support](#)

Cyclo-cross is very sociable, be prepared to have some fun!